



# FORGETFUL FRIENDS COFFEE GROUP

## Caring for Someone with Dementia

Are you looking after a person with Dementia or someone showing signs of Dementia?

Come and join us for a cuppa, a chat and activities  
Receive information on support to help someone you care for to live well with Dementia and also provide support for Carers

**When and Where? Thursday 16h September 11am -12.30pm**  
**Loughor RFC, The Villa, Belgrave Road,**  
**Swansea, SA4 6RF.**

Contact Elaine James on 07908 742718  
elaine\_james@scvs.org.uk  
or Anne Robinson 07966 245623  
anne.robinson@swansea.gov.uk



Partneriaeth  
Ranbarthol  
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Partnership



Uynderbarth Cyru  
Welsh Government

SCVS is a registered charity, number 1063242

# Grŵp Coffi Ffrindiau Anghofus

## Ydych chi'n gofalu am rywun â dementia?

Ydych chi'n gofalu am berson â dementia neu rywun sy'n dangos arwyddion o ddementia?

Dewch i ymuno â ni am banded, sgwrs a gweithgareddau. Cyfle i gael gwybodaeth am gymorth i helpu rhywun rydych chi'n gofalu amdano i fyw'n dda â dementia a chefnogaeth i ofalwyr.

**Ble a phryd? Dydd Iau 16 Medi 2021, 11am-12.30pm**  
**Clwb Rygbi Casllwchwr, The Villa, Belgrave Road,**  
**Abertawe SA4 6RF**

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