



## Dementia Hwb Gorseinon

Are you worried about your memory or caring for someone with Dementia?

# You're not alone...

Call in for a chat, no appointment needed

**11am-3pm Wednesday**

**17<sup>th</sup> Jan / 7<sup>th</sup> & 21<sup>st</sup> Feb / 6<sup>th</sup> & 20<sup>th</sup> March**

**Gorseinon Library**



We're here to help you on this journey

[www.dementiafriendlyswansea.org](http://www.dementiafriendlyswansea.org) 01792 304519

Charity No 1199456

